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Celebrity Pg14

Amy released from London hospital

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Auto Pg 9

Electric car hits rocky road in Canada

747 loses panel mid-air while landing at YVR

NO INJURIES A Cathay Pacific Boeing 747 aircraft with 363 passengers lost an exterior panel mid-air while descending for a landing at Vancouver International Airport yesterday, officials said.

There were no injuries and no emergency landing was needed.

Jennifer Pearson, a Cathay Pacific spokeswoman, said the damage occurred at 20,000 feet.

Transportation Safety Board inspector Bill Yearwood told CBC News Online the lost panel covered the air conditioning unit on the belly of the plane. It dented other non-structural panels but had no detrimental effect on the flight of the aircraft.

The plane was making a scheduled stopover in Vancouver en route to Hong Kong from New York.

METRO VANCOUVER

Party-pooping squad expanding territory

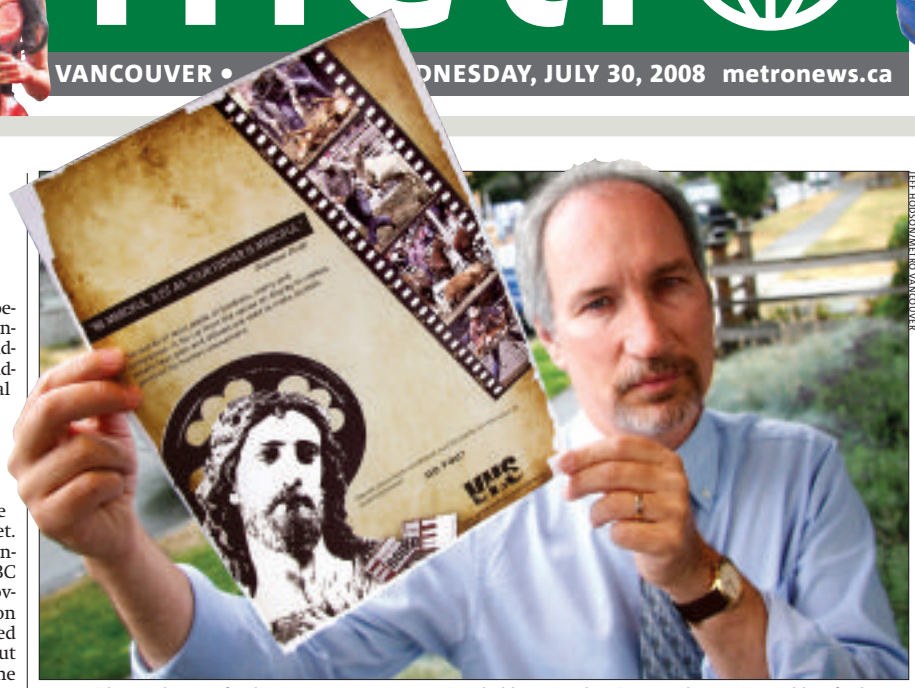
BYLAWS Hooligans be warned: The Coquitlam RCMP is beefing up its party-pooping squad.

The Noisy Party Enforcement Team, established two years ago, responds to complaints of noisy parties and disturbances in both private residences and public areas such as parks and school grounds.

The Coquitlam RCMP said it will be expanding the team's presence to Anmore, Belcarra and Port Coquitlam in response to an increase in nuisance and disturbance calls over the summer.

The team, which comprises Mounties, volunteers and bylaw enforcement officers, can issue fines of up to $500 for noise and liquor violations — even for a first offence.

ANDREA WOO/FOR METRO VANCOUVER



JEFF HODSON/METRO VANCOUVER

Peter Fricker, spokesman for the Vancouver Humane Society, holds up an advertisement that ran in an Abbotsford newspaper yesterday asking Christians whether Jesus would condone rodeos.

Religious roundup

JEFF HODSON
jeff.hodson@metronews.ca

Christians in B.C.'s bible belt are being asked to consider whether Jesus would approve of the treatment of animals in this weekend's Mighty Fraser Rodeo in Abbotsford.

Yesterday the Abbotsford Times ran a full-page, full-colour advertisement, featuring a large image of Jesus and rodeo events.

The ad, by the Vancouver Humane Society (VHS), asks: "Would Jesus have condoned such brutality for the sake of entertainment?"

VHS's Peter Fricker said the society wanted to provoke discussion among Abbotsford's large Christian population.

The advertisement was intended to run in a "premium position" on the back page but was moved inside, because the newspaper had concerns the images would be troubling to people, Fricker said.

Don Curtis, chair of the Mighty Fraser Rodeo, said everyone is entitled to their beliefs, but takes offence at the format of the ad.

"I don't think that challenging people's religious beliefs is an answer to solving any misunderstanding of what goes on in the rodeos," said Curtis, adding rodeos are part of B.C.'s Western heritage.

He said strict rules are in place to ensure animals are not mistreated. Injury rates at rodeos are less than other animal-involved sports, including horse racing and show jumping, he said.

As for what Jesus might do, Loren Wilkinson, a professor of philosophy and inter-disciplinary studies at Regent College, said caring for animals is a strong theme in Christianity.

For example, he mentions Noah, who is told to save two of every creature, and St. Francis of Assisi, who felt care and kindness to animals were part of being Christian.

Message received

- The Vancouver Humane Society also mailed the poster to 50 churches in Abbotsford.

Share your thoughts »
vancouverletters@metronews.ca

Local page 2

Shooting victim targeted before

Travel page 10

Two-day guide to Istanbul

Workology page 11

Matchmakers always needed

Beijing Games page 8

Win or lose: No regrets?

Celebrity buzz page 14

Columnist takes on latest buzz

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Burnaby tests for lead in artificial turf
Burnaby is testing samples of artificial turf from city playing fields for traces of lead. The fields were tested by Fraser Health officials after high levels of lead forced the closing of two soccer pitches in New Jersey that use artificial turf. CKNW.COM

Local

Aquabus to run greener

False Creek's Aquabus Ferries will soon be sailing greener waters. Starting tomorrow, the 12-passenger ferries will be powered by rechargeable batteries and hydro-electric power motors instead of the diesel engines they now use. METRO VANCOUVER

Blogathon

GETTY IMAGES

Matthew Good plays in 2001.

Musician helps Good cause

GOSPEL Musician Matthew Good surprised participants of a local blogathon fundraiser by offering to hang with the highest bidder.

Rebecca Bollwit, organizer of Blogathon 2008, said when Good heard about the effort to raise funds for the Union Gospell Mission he asked to be involved. Good offered fans a chance to join him in listening session of demos for his next record, Vancouver.

"There was a bit of a bidding war around $800 then this woman out of nowhere bids $4,000," Bollwit said.

The winner, Jane Smith is from the United Kingdom. Thirteen people blogged every 30 minutes for 24 hours to raise more than $14,000 through donations and the online auction.

DONNA NG/FOR METRO VANCOUVER

Victim believed targeted

Hung Van Bui survived previous restaurant shooting

ANDREA WOO
for Metro Vancouver

The man shot dead Monday night had likely been targeted for some time.

Const. Tim Fanning told reporters yesterday that Hung Van Bui, 27, had survived a shooting at Fortune Happiness Restaurant that killed two and wounded six last August — an incident called Vancouver's worst shooting.

Monday night, however, Bui was not so lucky.

At around 10:20 p.m., police responded to a number of 9-1-1 calls about shots fired in the 600-block of East 65th Avenue just off Fraser.

Bui was found slumped over the wheel of a silver 2002 Nissan Altima, dead from multiple gunshot wounds.

"Most of the homicides that we've seen over the past couple of years in Vancouver have been targeted shootings," said Fanning.

RAFF ARNOTT/METRO VANCOUVER

Police stand near the car (covered) where Hung Van Bui, 27, was found dead after being shot multiple times. The victim had previously survived a shooting at a restaurant in August 2007.

"We do believe that this is another targeted shooting."

While police could not say exactly how many shots were fired, some neighbours claimed they heard an automatic weapon that could have let off up to 20 rounds. One neighbour said that Bui had been shot in the face.

A passing-by bus driver who did not wish to be named said the area was known for criminal activity.

"It's all drug dealers in there," he said of the block that police had cordoned off. "All the windows are smashed in. It's like going through South Central L.A."

Bui was not the owner of the car, but the car was not reported stolen.

This is Vancouver's 12th homicide of the year.

News in brief

FUMES Nine workers at the Vancouver Waste Transfer Station were taken to hospital after they became ill yesterday. Anna Marie D'Angelo, spokesperson for Vancouver Coastal Health, said the cause of the illness is unknown. She said injuries were non-life threatening respiratory problems and "most of them have been released." The source of the fumes is not yet confirmed.

STABBING Several people called police yesterday to say a man stabbed a woman inside a car at a Burnaby parking lot. A 58-year-old man has been arrested, and police say it's admirable that at least one person jumped in to help the victim. METRO NEWS SERVICES

metronews.ca
What's online today.

Watch Canada's water polo team prepare for Beijing, and a reunion in Calgary as two missionaries attacked in Kenya return home
Check out MetroTube of the Day for a controversial clip of an NYC cop getting physical with a cyclist

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Groups call to end grizzly bear hunt

A coalition of scientists and conservationists are calling on the B.C. government to end the grizzly bear hunt, saying that shrinking habitats, global warming and poaching are already endangering the animals. There are an estimated 17,000 grizzlies in the province. METRO VANCOUVER

B.C. opposes carbon tax

NDP poll shows that 64 per cent not in favour

JEFF HODSON
jeff.hodson@metronews.ca

JEFF HODSON/METRO VANCOUVER

Provincial NDP Leader Carole James welcomes colleagues at an NDP caucus meeting at the Metrotown Hilton in Burnaby yesterday.

Almost two-thirds (64 per cent) of British Columbians oppose the province's carbon tax, according to a poll released yesterday by B.C.'s New Democrats.

Opposition to the tax is strongest in the North (79 per cent) and lowest in Metro Vancouver (59 per cent) in the poll that was conducted two weeks after the implementation of the carbon tax on July 1.

"It's very clear, through our polls, through other public opinion polls, that people don't like this gas tax," said NDP Leader Carole James outside a NDP caucus meeting in Burnaby yesterday.

"They don't feel it's effective. They don't feel it's fair."

The tax, which adds an additional 2.4-cents-per-litre at the pumps, is revenue neutral, the government says, because it returns the money in the form of income and business tax cuts.

The NDP favours a carbon cap-and-trade system, which the government is working toward through the Western Climate Initiative.

Letter carrier attacks lead to Canada Post request

JOYCE YIP
for Metro Vancouver

INJURIES Canada Post is asking dog owners to control their pets after two letter carriers were attacked by dogs that jumped through glass windows.

500 There were more than 500 dog-related incidents involving Canada Post employees last year.

Last Thursday, a Burnaby mailman was cut in the leg by flying glass after a dog jumped though a window beside the front door to get at him.

Another letter carrier was injured in June after falling off a verandah when a Rottweiller broke through a plate glass window at a North Vancouver home. The carrier suffered minor injuries, but the shattered glass killed the dog.

Doug Strangward, Canada Post director, said in a release yesterday that dogs are highly territorial and some people aren't aware of their dog's behaviour while they're away from home.

"It's not a good sign if you find your dog pounding or jumping at the window of your home when the letter carrier shows up, Strangward said. "Unfortunately, these incidents are not uncommon."

Man fined for killing bear

DONNA NG
Metro Vancouver

ILLEGAL A Williams Lake man has been fined $11,000 for illegally shooting a grizzly bear in a provincial park, the B.C. government announced yesterday.

Don Kunka shot a female grizzly bear in September 2004 at Tweedsmuir South Provincial Park.

He left her paralyzed on the banks of the Atnarko River. It wasn't until 18 hours later that officials found the bear and euthanized it.

There were no initial suspects but after a 24-month investigation and tips from the public, charges were laid in 2007.

Kunka was fined $9,000 for pleading guilty to breaching the Wildlife Act and $2,000 for illegally discharging a firearm in a provincial park.

Power restored to 1,600

JOYCE YIP
for Metro Vancouver

BLACKOUT Power was restored early yesterday afternoon to about 1,600 B.C. Hydro after a more than four-hour blackout.

Just before 8 a.m., power went out in the area west of Oak Street and east of Cambie Street after an insulator failed.

Susan Danard, B.C. Hydro spokesperson said there's no need to panic as the outage was nothing like the three-day blackout on July 14. "It was just an equipment failure, nothing nearly as dramatic as the one before," she said. "From time to time, equipment fail … this is a totally isolated incident."

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No purchase necessary. One entry per person. Contest closes Friday, August 1st. Odds of winning depend on the number of entries received. For full contest rules and details, visit www.metronews.ca

News in brief

SALARY INCREASES The average weekly salary in B.C. is $774.67, according to a StatsCan study released yesterday. It increased by 3.1 per cent between May 2007 and May of this year.

POLITICS A Kwantlen University professor said yesterday she wants to run for city council under Vision Vancouver. Heather Harrison said she plans on running a carbon-neutral campaign in her second attempt at getting on council.

SCHOOLS The B.C. Liberals are investing $88 million into five Burnaby schools for seismic upgrades. Burnaby Central Secondary School is to be replaced entirely while four other schools will receive extensive seismic retrofits to their foundations.

METRO VANCOUVER

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Huge ice sheet collapses
Giant sheets of ice totalling almost 20 square kilometres broke off an ice shelf in the Canadian Arctic last week and more could follow later this year, scientists said yesterday. REUTERS

Canada/World

Shining a light on food crisis

Canadian author calls for changes

Developed nations must take responsibility for the mounting food crisis in poor nations, says Gerald Caplan, a Canadian author and UN policy adviser on Africa.

It is important for the West to understand its role in what Caplan calls the plundering of the developing world's resources. It's only then that solutions can be found.

"We aren't developing poor countries, we're exploiting them. What we owe poor countries is to pay back what we've stolen from them over the centuries," Caplan said.

Speaking at a global food crisis conference in Toronto he told delegates, that for a quarter of a century, the International Monetary Fund and the World Bank have imposed on poor countries policies that have caused enormous destruction and disparity.

"So long as the priority in food or drugs is profit over human needs, we're going to have people die unnecessarily," he said to the 200 participants.

"We aren't developing poor countries, we're exploiting them."
Gerald Caplan

TORSTAR NEWS SERVICE

AIDS deaths down

Global death toll drops for second straight year: Report

The number of people killed by AIDS worldwide edged down for a second straight year in 2007 after rising for more than two decades, amid intensified efforts to fight the disease, a UN agency said yesterday.

The AIDS epidemic is far from over, but appears to have levelled off with more people getting life-extending drugs and the number of new HIV infections falling in many places, UNAIDS said in a report.

Officials with Geneva-based UNAIDS and outside activists said much more needed to be done to beat this modern scourge.

Dr. Paul Zeitz, executive director of the Washington-based activist group Global AIDS Alliance, said the report showed the big increase in spending on prevention and treatment programs in sub-Saharan Africa and elsewhere had produced results.

Global AIDS deaths numbered about 2 million in 2007, down from 2.1 million in 2006, UNAIDS said. AIDS deaths peaked in 2005 at 2.2 million after a steady climb since the disease was identified in the early 1980s, UNAIDS said. REUTERS

Black Americans neglected: Report

- U.S. policies and cash may be leading the fight against AIDS globally, but they have neglected the epidemic among black Americans, the Black AIDS Institute said in a report released yesterday. While blacks account for one in eight people in the United States, half of all Americans infected with HIV are black, the report found.

REUTERS/IVAN MILUTINOVIC

A woman gestures beside a poster of war crimes suspect Radovan Karadzic during a rally in Belgrade yesterday.

Karadzic arrives in The Hague

NETHERLANDS War crimes suspect Radovan Karadzic arrived in the Netherlands this morning to face trial at The Hague on charges of genocide for his actions in the 1992-95 Bosnia war.

The former leader of the Bosnian Serbs is expected to be held at a nearby detention centre and then appear at the UN war crimes tribunal soon afterwards.

The plane carrying Karadzic landed at Rotterdam airport.

Karadzic faces two charges of genocide for the 43-month siege of Sarajevo and the 1995 massacre of some 8,000 Muslims at Srebrenica, the worst atrocity in Europe since the Second World War. REUTERS

Escort

- Earlier in Belgrade, Karadzic was escorted to the airport by masked officials from the Serbian secret service. A convoy of black jeeps took him from prison to the capital's airport.

News in brief

PRISON SYSTEM The federal government is considering bringing forward legislation that would prevent prison inmates from sending personal items to family or acquaintances. Public Safety Minister Stockwell Day made the statement yesterday after a website began auctioning items from killer Clifford Olson.

IMPERSONATION A group of journalists called on Ontario's minister of safety and correctional services to order the Ontario Provincial Police to stop impersonating reporters. It was recently revealed that an OPP officer pretended to be a journalist. METRO NEWS SERVICES

Key tool doesn't work with tanks

MILITARY A key piece of equipment used by Canadian soldiers to clear roadside bombs in Afghanistan won't work on a new fleet of tanks the military purchased last year, government documents show.

The mine plow is one of the tools Canadians rely on to counter the threat of improvised explosive devices and land mines. The Tories bought 100 Leopard 2 tanks from the Netherlands in 2007 for $650 million. The new tanks are incompatible with the heavily used tool.

TORSTAR NEWS SERVICE

News in brief

EARTHQUAKE An earthquake struck just east of Los Angeles yesterday, rocking tall buildings across Southern California, but causing no serious injuries or major structural damage. The quake hit at 11:42 a.m. local time about 30 miles east of Los Angeles in Chino Hills and registered magnitude 5.4 — the strongest seismic event near the city since the 6.7-magnitude Northridge quake in 1994.

WTO Global trade talks collapsed yesterday after a clash over agriculture between the United States and emerging powers, including China, India and Indonesia.

WEST BANK Israeli soldiers shot dead a Palestinian boy during clashes with stone-throwing protesters yesterday in the occupied West Bank, hospital officials and witnesses said. Palestinian witnesses and medical officials said the 10-year-old boy had been shot in the head near the West Bank village of Nilin. REUTERS

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Starbucks to cut 1,000 jobs, eliminating COO post
Starbucks Corp said yesterday it is cutting 1,000 support jobs and eliminating the post of chief operating officer in a move to give founder and CEO Howard Schultz "a direct line of sight" into the company's business. REUTERS

Business

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Business in brief

ENRON The U.S. Securities and Exchange Commission said Lou Pai, a former chief executive at Enron Energy Services, settled insider trading charges for $30 million US. REUTERS

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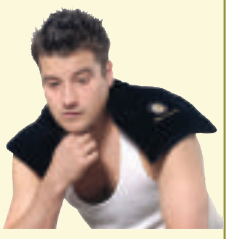
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Sweden **Retail sales rising**

BLOOMBERG NEWS

A shopper walks past a department store with signs advertising a closeout sale in downtown Stockholm. Swedish retail sales rose 1.8 per cent in June from May and 3.3 per cent from a year earlier, well ahead of market forecasts.

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GMAC to stop leasing lures

FINANCING Leasing incentives for General Motors vehicles will no longer be offered in Canada, finance company GMAC said yesterday.

The move, which takes effect Friday, follows a more sweeping decision last week by Chrysler Financial to end incentives for vehicle leasing in the U.S. market.

Both GMAC and Chrysler Financial are controlled by private equity firm Cerberus Capital Management. REUTERS

By the numbers

- About 43 per cent of the vehicles GMAC financed in Canada and the United States in the first quarter were through lease deals, a common way for automakers to reduce monthly payments for car shoppers.

Rogers shares hit by wireless sales

Rogers Communications said yesterday it swung to a second-quarter profit but stiff competition and a slowdown in the wireless market stifled growth of its mobile phone business, sending its shares lower. Rogers added 92,000 postpaid, or longer-term, wireless subscribers. REUTERS

Oil surge doubles Talisman's profit

Operating profit at Talisman Energy doubled in the second quarter due to surging oil and gas prices. Earnings were $846 million. REUTERS

Crude oil falls on demand worries

Oil fell to $2.54 to settle at $122.19 a barrel, its lowest level in nearly three months yesterday, on mounting evidence high prices and a souring economy were cutting into energy demand. REUTERS

Sirius completes acquisition of XM

Sirius Satellite Radio said yesterday it completed the purchase of rival XM Satellite Radio Holding, forming a broadcasting company that competes with traditional radio as well as digital audio players like iPods. REUTERS

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Hockey
Canada's Hockey Anthem Challenge, the contest to decide the new Hockey Night in Canada theme song, has received a total of 2,000 submissions since the contest launched on June 19. The finalists will be revealed on Oct. 4. METRO NEWS SERVICES

Sports

Lightning sign Stamkos

The Tampa Bay Lightning made it official yesterday, signing centre Steven Stamkos, this year's No. 1 overall draft pick, to a three-year, entry-level contract. The 18-year-old, left, led the Sarnia Sting of the Ontario Hockey League with 105 points this year, notching 58 goals and 47 assists in 61 games. METRO NEWS SERVICES

Sports in brief

NBA The Rockets have reportedly landed forward Ron Artest. The Houston Chronicle reports the Rockets have an agreement with the Sacramento Kings to acquire Artest for guard Bobby Jackson, a No. 1 draft pick and another player.

MLB The Los Angeles Angels of Anaheim acquired first baseman Mark Teixeira from the Atlanta Braves for first baseman Casey Kotchman and a minor league pitcher.

NBA Referee Tim Donaghy, who admitted to betting on games he officiated, was sentenced yesterday to 15 months in prison. METRO NEWS SERVICES

YorkReport

Marty York
WILL RETURN

Favre set to return

Brett Favre called the Packers' bluff by faxing his reinstatement letter to the league yesterday in an attempt to officially end his retirement, which he announced on March 6.

NFL commissioner Roger Goodell will not act on the letter until today at the earliest, reports NFL Network's Adam Schefter.

Favre and Packers GM Ted Thompson had agreed that the star QB would delay his reinstatement until the club could come up with some type of resolution, possibly a trade that would keep Favre out of the NFC North.

No trade has been arranged, however, so now, once Favre is reinstated, the Packers have 24 hours to either release him, as he has requested, or put him back on the active roster. Then Favre may report to Packers training camp in Green Bay, where Aaron Rodgers is taking the snaps as the starting QB.

If the Packers do not find a suitable trade destination for Favre — the New York Jets and Tampa Bay Buccaneers have been mentioned as possible suitors — then the circus will come to town when Favre returns to serve as a $12-million US backup to Rodgers, who has thrown for exactly 329 yards and one touchdown in three seasons as a backup.

The ball, so to speak, is now back in the Packers' court.

Packers head coach Mike McCarthy said in a press conference yesterday that, should Favre report to camp, he would have to pass a physical and a run test like any other player. McCarthy said he and Favre would then discuss how practice would be run.

Thompson spoke at a press conference on Monday about the Favre situation. He termed trade discussions to this point as "kicking of tires type conversations."

METRO NEWS SERVICES

Brett Favre

Wozniak moves on to second round at Rogers

TENNIS Canadians won one and lost two yesterday as first-round play continued at the Rogers Cup in Montreal.

On the winning side was Aleksandra Wozniak of Blainville, Que., who overcame a rough second set to battle past Chan Yung-jan of Taiwan, 6-2, 1-6, 7-5.

Wozniak

Things didn't go as well for Marie-Eve Pelletier, who was crushed 6-0, 6-1 by Russian 12-seed Nadia Petrova. Toronto's Sharon Fichman also lost. METRO NEWS SERVICES

SCOREBOARD

MLB

LAST NIGHT'S RESULTS

AMERICAN LEAGUE
Tampa Bay 3 Toronto 0
Baltimore 7 N.Y. Yankees 6
Detroit 8 Cleveland 5
L.A. Angels 6 Boston 2
Minnesota 6 Chicago White Sox 5
Texas 11 Seattle 10
Kansas City 5 Oakland 2

NATIONAL LEAGUE
Chicago Cubs 7 Milwaukee 1
Houston 6 Cincinnati 2
N.Y. Mets 4 Florida 1
Philadelphia 2 Washington 1
Pittsburgh 6 Colorado 4
St. Louis 8 Atlanta 3
Arizona 3 San Diego 0
L.A. Dodgers 2 San Francisco 0

TODAY'S GAMES

AMERICAN LEAGUE
Tampa Bay at Toronto, 9:37
Baltimore at N.Y. Yankees, 10:05
Kansas City at Oakland, 12:35
L.A. Angels at Boston, 4:05
Detroit at Cleveland, 4:05
Seattle at Texas, 6:05
Chicago Sox at Minnesota, 6:10

NATIONAL LEAGUE
Colorado at Pittsburgh, 4:05
N.Y. Mets at Florida, 4:10
St. Louis at Atlanta, 4:10
Philadelphia at Washington, 4:10
Chicago Cubs at Milwaukee, 5:05
Cincinnati at Houston, 5:05
Arizona at San Diego, 7:05
San Francisco at L.A. Dodgers, 7:10

CFL

WEEK 6

TOMORROW'S GAMES
Hamilton at Montreal, 4
B.C. at Edmonton, 7

FRIDAY'S GAME
Winnipeg at Toronto, 4

SATURDAY'S GAME
Saskatchewan at Calgary, 5

SOCCER

GAMES FEATURING THE VANCOUVER WHITECAPS MEN'S TEAM:

TODAY'S GAME
VANCOUVER at Miami, 4:30

BASEBALL

NORTHWEST LEAGUE GAMES FEATURING THE VANCOUVER CANADIANS:

YESTERDAY'S RESULT
Tri-City 4 VANCOUVER 2

TODAY'S GAME
Salem-Keizer at VANCOUVER, 7:05

Soccer
Soccer's world-governing body FIFA has said it will issue its decision on the release of players for the Beijing Olympics today. REUTERS

Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

IOC decides to reinstate Iraq

POLITICS The International Olympic Committee yesterday allowed Iraq to send a two-athlete team to the Beijing Games in a last-minute deal ending a dispute with the Iraqi government, the IOC said.

Iraq was banned last week after the government disbanded the country's National Olympic Committee, a move that had angered the IOC. REUTERS

Tomorrow's lineup

SURVIVAL INSTINCT When Joshua Riker-Fox got the news he would be representing Canada in Beijing, he was too busy scrambling to survive to celebrate. Read tomorrow's Metro for more.

8 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

No regrets?

Non-medallists can still have fun: Giles

MATTHEW WUEST
Metro Canada

Canada sent 267 athletes to the 2004 Summer Olympics in Athens. Exactly 258 of them came home without a medal.

In other words, for every Adam van Koeverden who wins an Olympic medal and steals the national spotlight, there are roughly two dozen athletes who fly under the radar.

So what does a non-medallist get out of the Games?

"Hopefully, they get their own Olympic victory," says Peter Giles, Canada's assistant Chef de Mission. "I wish for them all to go over and have that moment where they say, 'Yes, I really succeeded at this.' It doesn't mean you have to stand at the podium. It means having your best performance at that moment."

Giles himself had one of those moments. The kayaker from Lake Echo, N.S., competed at the 1996 Olympics in Atlanta and placed seventh in the K-4 1,000-metre event.

"For us, it was something to celebrate, and it's OK if the rest of Canada didn't celebrate that with us," Giles says. "The people who knew us celebrated with us. They got to see us and share in it with us, and we were congratulated for what we did."

Giles says he's never met an Olympian who regrets going to the Games, even ones who don't win medals. All the sacrifices — the early mornings, financial hardships and limited free time — are worth it in the end, according to Giles.

Beyond the competition, athletes lay the foundation for a bright future by competing at the Games.

"Being an Olympian gets you into a club you belong to for the rest of your life," Giles says. "It's something you never get taken away from you. It breaks the ice and opens all kinds of doors."

After Giles competed at the 1996 Olympics, he retired. He finished his Ph.D in applied physics at Stanford University in California and got a job with General Dynamics Canada. He still works there today as principal systems engineer.

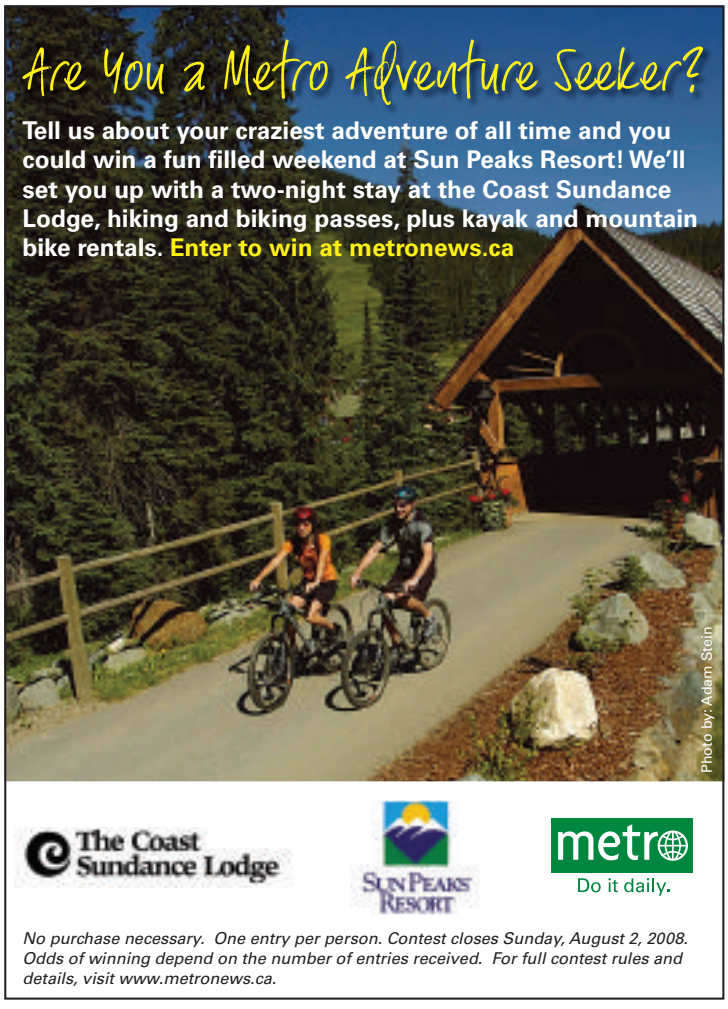
He also has been involved with the Canadian Olympic Committee and Canoe-Kayak Canada in various capacities.

Giles says his Olympic background helped him get his start as a young professional. He had very little direct experience when General Dynamics Canada hired him in 1999.

"The fact that I was an Olympic athlete encouraged them to take a chance on me," Giles says. "That's probably the key. It gives you something to put on your resumé that's pretty rare. If that's enough to get someone to say, 'Let's take a chance on this person,' that can be all the difference for you."

ADAM PRETTY/GETTY IMAGES

Hurdler Perdita Felicien was expected to win gold at the 2004 Summer Olympics in Athens. Instead, she failed to finish the 100-metre race after colliding with a competitor.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Automotive

A METRO JOINT VENTURE WITH: carguide magazine.com

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Saddle up with Mustang

B. MCLAUCHLAN
for Metro Canada

Mustangs are meant to run free, especially the seasonable sensible convertible version. On winding country roads and countless straightaways. Along sun-dappled avenues, down funky alleyways, across highways and through high-baked curves. In short, all those roads and routes criss-crossing the Canadian landscape.

So it's a good thing the 2008 drop-top is one of the best-handling Mustangs ever.

Although not much different visually than the '07 model, the engineers at Ford designed-in more chassis stiffness into the current version than the previous generations and, combined with its solid suspension system, it's certainly a nice handling machine — even in its base-model guise.

Few other convertibles, if any, can match the depth and breadth of choices the Mustang offers: Meaning fans of the Ford marquee can dress this trusty steed to match any desire … from the affordable and fuel-efficient V6-powered entry-level 'Stang right up to the range-topping V8-powered GT with the California Appearance Package.

The base Mustang V6 convertible makes less of a dent in your budget, starting at $27,875. It includes cruise control, keyless entry, air conditioning, satellite radio and 16-inch aluminum wheels in the standard equipment list.

Few other convertibles, if any, can match the depth and breadth of choices the Mustang offers: Meaning fans of the Ford marquee can dress this trusty steed to match any desire.

Next up, but still with V6 power, is the $28,563 Pony Package option. It makes your sweet ride even sweeter, dressed up with a unique "pony" grille motif, fog lamps, front fender badges, lower door tape stripes and 17-inch cast-aluminum wheels. To top it all off, the Pony also gains traction control, ABS and a pair of stabilizer bars.

Incidentally, an exclusive-to-Canada V6 Appearance option comes with Pony-capped 18-inch polished aluminum wheels, racing stripes and a metallic fuel door for added emphasis.

If the V6's 210 horsepower isn't enough for you, the $34,920 GT convertible with a 300-hp V8 might suffice — albeit with a price to be paid at the gas pump.

Saddling up the GT California Special will set you back $37,242. This package includes: Bright exhaust tips; a unique front fascia with a larger air intake and low chin spoiler; mid-body GT/CS stripes; 18-inch polished aluminum wheels; and heated leather front seats.

So the Pony can gallop any way you want it. The base 4.0-litre V6 is a strong yet efficient unit with much to commend it if daily commuting is your lot in life. But the rambunctious 4.6-litre V8 in the GT is what this car is all about.

2008 Ford Mustang

Type: Mid-size 4-pass. convertible RWD
Price: $28,875 - $37,242
Engine: 4.0L V6 SOHC/4.6L V8 SOHC
HP: 210 @5,300 rpm/300 @ 5,750 rpm
Torque: 240 @ 3,500 rpm/320 @ 4,500 rpm

Highlights

- Great looks, great sound, great prices
- Great fun to drive on balmy summer nights
- Relative economy with V6 engine

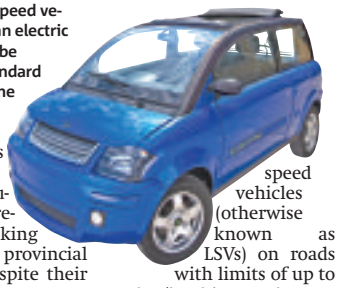
Advocates charge electric conspiracy

BRIAN TOWIE
brian.towie@metronews.ca

Though the electric car may provide a viable alternative to gas-fuelled vehicles, its future in Canada may still face a rocky road.

Transport Canada has left the hot-potato issue of allowing chargeable cars on the nation's highways and byways up to provincial governments. So far, the environmentally-friendly cars are trickling onto the scene in some provinces, but it's not exactly the kind of quick progress environmentally-conscious advocates and officials in the electric car industry want to see.

Ian Clifford, founder and CEO of Zenn (Zero Emission No Noise) Motor Company, says his Toronto-based electric car manufacturer has received no backing from federal and provincial governments despite their declared commitments to reducing auto emissions.



The Zenn is a low-speed vehicle that runs on an electric battery, which can be charged by any standard 110-volt outlet in the home.

"It has been a real struggle since we started in 2000," says Clifford. "There was interest, but no support for it. It's frustrating. Our governments are wasting time and opportunity for consumers who want a zero-emission choice."

So far, British Columbia passed legislation last month permitting the low-speed vehicles (otherwise known as LSVs) on roads with limits of up to 40 km/h. This month, Quebec approved their use on roads with speeds of up to 50 km/h, provided drivers equip them with an orange triangle, indicating a slow-moving vehicle.

For its part, Ontario only allows electric cars in its municipal parks and conservation areas as part of a five-year pilot test the province began in 2006. This week, Queen's Park announced it's commissioning an additional independent safety study of LSVs.

Both Ottawa and the provinces claim safety is the issue. An official source (who asked not to be named) at Transport Canada and Bob Nichols, media liaison for Ontario's Ministry of Transportation, say while there is support for the technology, a great deal of electric LSVs currently only have to meet three federally-mandated safety standards and not the 40 that passenger cars — some electric ones have been ruled street legal and are on the road now — are required to meet.

The government's concern, Nichols says, is with the proper integration of LSVs with high-speed internal combustion vehicles.

OBITUARY

Car Payment, a constant presence as long as we can remember, finally passed. Car Payment was always there for us, in good times and not so good times.

Car Payment is preceded by boy bands, pay phones and pegged pants.

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Garlic anyone?

For two days, Aug. 9 and 10, thousands of visitors will be living, breathing and eating all things garlic at the Perth Garlic Festival, located 40 minutes from Ottawa in the town of Perth; *perthgarlicfestival.com*. METRO NEWS SERVICES

Travel

Rideau Canal Festival

Named a UNESCO World Heritage Site in 2007, a brand new festival has been launched this year to honour this famous waterway. From Aug. 1 to 4, there will be eco-friendly happenings on and beside the Canal in the Ottawa area. There will be colourful flotillas, an environmental fair, and, of course, food. METRO NEWS SERVICES

When a growing fear of flying afflicts a professional traveller

TheTravelJunkie

I'm seated two rows back from the cockpit, in a tiny 19-seater, on my way from one stunning Filipino island to another. The clouds look ominous, the wind is picking up. In this relatively flimsy plane, this type of weather doesn't bode well.

First comes the rain. As we pass through a now raging storm, water crashes through the pilot's window and drips onto the console. The pilot tries in vain to keep the water out, as diagonal droplets pelt him in the face. The plane dips, wobbles and jerks. At 30,000 feet, this is one hell of a roller coaster.

If this were a Boeing 747 I'm sure this weather would be a mere blip on the flight, but, seated in this piece-of-crap airplane with a direct view into the cockpit, I feel every bump. I'm filled with fear.

Palms sweaty, with a death grip on the seat in front of me, I cinch my seat belt tighter, close my eyes and focus on my breathing.

I've turned into what some might call a nervous flyer. I familiarize myself with the exits as soon as I get on a plane, I always wear my seat belt — even if the seatbelt sign is off — and I regularly review the emergency safety manual.

I've taken hundreds of flights and, over the next few months, I've planned for at least 20 more. I can't help but think that probability is decreasingly in my favour. Of course, statistically, flying is the safest form of transportation. And even if my plane did crash, my chances of surviving are pretty good. In 2006, the BBC reported that "in the US alone, between 1983 and 2000, there were 568 plane crashes. Out of the collective 53,487 people onboard, 51,207 survived."

But as I bounce around like a child on a shoddy carnival ride, I don't find statistics helpful.

Another drop. The plane is shaking like a leaf. Just as I start to accept my own mortality, the dark clouds recede, the skies brighten and the killer rain stops. The plane lands and the passengers breathe a sigh of relief. Just another day, just another flight.

Julia Dimon is co-host of Word Travels, airing on OLN, and editor of thetraveljunkie.ca.

Istanbul's rich mix

Istanbul bridges Europe and Asia, boasting a rich cultural mix with influences ranging from Roman to Arab. If you've got only 48 hours to explore the city, the following itinerary will lead you through its many facets.

DAVID MCLAIN/AURORA/GETTY IMAGES

Istanbul's fabled six-minaret Blue Mosque.

Saturday

9 a.m. Sultanahmet district, the hub of historic Old Istanbul dotted with centuries-old mosques, is the ideal place to start a short visit to this city. Start your walk around this historic area at the Basilica of St. Sophia, now called the Ayasofya Museum. Turn full circle, then look up to absorb the grandeur of its dome.

Arabic calligraphy has coexisted with Christian mosaics here since the Muslim conquest of Constantinople in 1453, when Mehmet the Conqueror converted the church into a mosque. It was declared a museum in 1935.

9:30 a.m. Cross the street to the six-minaret Blue Mosque, famed for its gleaming interior white-and-blue tiles originating from the city of Iznik.

10 a.m. Wander up to Topkapi Palace and marvel at the many halls, courts and chambers that house the treasures of the Ottoman Empire, including a jewel-encrusted 18th century golden throne and a sword said to belong to the biblical King David.

1 p.m. Take a break for lunch at one of the street-side kebab restaurants. Follow your meal with a tiny cup of Turkish coffee.

2:30 p.m. Head to the western Edirnkapi district's Chora Church, an imposing Byzantine monument. Gaze at the mosaics and frescos that cover its ceilings and walls, depicting scenes from the bible.

7:30 p.m. Combining faith and dance, the whirling dervishes will entertain you with a one-hour performance, accompanied by an ensemble of musicians. Draped in black robes and cream dresses, these followers of 13th century Persian poet and mystic Jalal-addin Rumi spin in the belief that it will bring them closer to God.

Sunday

9 a.m. Ready to check out Asia? Istanbul is the only capital in the world that straddles two continents. From Eminonu, take the ferry to Uskudar. Get off the boat after the 20-minute ride, walk through the main square and head to the Aga Mosque.

12 p.m. Away from the tourist trail, this area's restaurants offer a more diverse and authentic menu. Take your pick of food from cacik, or yoghurt with cucumber and mint, to perde pilavi, chicken cooked with rice and almonds wrapped in pastry.

1:30 p.m. Back to Europe. Take a bus across the Bosphorus passing over the bridge that bears the name of the strategic waterway linking the Black Sea to the Mediterranean.

Get off at Taksim Square, where a sculpture of the founder of modern Turkey Mustafa Kemal Ataturk watches over you.

4 p.m. Head towards the Galata Tower in the quarter that historically housed the foreign population, traders from Genoa and Venice, as well as Jews and Greeks. Don't miss the synagogues and churches along the way.

5 p.m. Ascend the Galata Tower and get a 360 degree view of the city with towering minarets adorning its skyline. REUTERS

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UAlberta gets U.S. accreditation
The U.S. Liaison Committee on Medical Education has awarded the University of Alberta's Faculty of Medicine & Dentistry full accreditation. METRO NEWS SERVICES

Workology

Learned soldiers

The education level among Canadian Forces members is on the rise, according to a recent Statistics Canada report. Between 1988 and 2002, post-secondary graduation among personnel grew 48 per cent.

METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

A perfect match to make

KRISTA MARTIN
for Metro Canada

"There's a lid for every pot," said Jane Carstens, matchmaker extraordinaire.

Carstens moved to Vancouver from Toronto seven years ago to open the West Coast branch of Hearts, a matchmaking service for busy individuals.

Carstens, a former headhunter and account manager, jumped at the opportunity to mix love and romance for singles throughout the lower mainland and then some.

for more

- For more information about Hearts Canada, visit: *heartscanada.com*

A typical day has her flying to Okanagan, catching the ferry to the Island, or meeting a client in town.

She always meets with them in their homes and personally hand selects matches rather than computer generated selections offered by some matchmaking services.

Carstens believes anyone can be a good matchmaker as long as they're compassionate and caring, and that is what differentiates her service from others.

Jane Carstens is the head of the matchmaking service, Hearts.

"You need to be smart and savvy," she said. "But I don't think there is any degree that can give you that.

"I listen to my clients and what they're looking for," Carstens added.

"I work with them one-on-one."

She admits that while this career chose her, she's never been happier.

"I can't guarantee marriage or commitment, but when I think of how I can change someone's life by meeting them, my hair stands on end."

Carstens said that there is a huge demand for matchmaking services.

Not only are people too busy, but the Internet is a virtual nightmare where people can create their own identities.

Carstens' clients get what they bargain for with their $1,400 general membership.

"When someone wants to buy a house you don't want to see everything that's on the market, you want your agent to show you the one that fits you," she said.

And for Carstens, matchmaking is the perfect career fit for her.

HURRY—COURSES ARE FILLING

There's still time to apply for the Fall semester.

Kwantlen still has some seats available in the following areas for classes starting **September 2:**

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Economics
English
English Language Studies
Fine Arts
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Jolie could be next Catwoman

Angelina Jolie is reportedly being lined up to star as Catwoman in a new movie. She is said to be in final negotiations with studio bosses to play the feline villain who first appeared in the Batman comics. FEMALEFIRST.CO.UK

Entertainment

The Governess

Jennifer Lopez is starring in Yari Film Group's romantic comedy The Governess, about a professional thief who poses as a nanny to the three unruly children of a wealthy widower. EW.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Celebrities to stand up to cancer

CHARITY Actresses Jennifer Aniston, Scarlett Johansson and Charlize Theron are among the A-listers who signed on for the Stand Up To Cancer telethon, People.com reports.

Aniston

American Idol David Cook, and actresses Christina Applegate, Meryl Streep and Sally Field also will appear on the Sept. 5 broadcast, which will be aired on ABC, CBS and NBC to raise money for cancer research and treatment. Dozens of other celebrities and sports figures will also be appearing on the program, according to Stand Up To Cancer.

casting

Morgan could be back on Grey's

TV Jeffrey Dean Morgan, beloved by Grey's Anatomy fans for playing Izzie Stevens's smitten but doomed patient Denny Duquette, isn't ruling out the possibility that he may return for the show's fifth season, People.com reports.

If the call does come from the medical drama, Morgan said he be thrilled to be romantically paired with Katherine Heigl again onscreen. METRO NEWS SERVICES

Going Out

6 p.m. Twelfth Night. At Bard on the Beach, 301-601 Cambie St. Tix: $33. Info: *bardonthebeach.org*.

8 p.m. Rock trio Boris Boris, Torche and lair of the Minotaur performs live. At Richard's on Richards, 1036 Richards St. Tix: $14. Info: *richardsonrichards.com*.

8 p.m. The Back Kitchen Release Party. At Granville Island Stage, 1585 Johnston St. Tix: $30-33. Info: *artsclub.com*.

9 p.m. New York model Amanda Lepore World Tour. At Celebrities Nightclub, 1022 Davie St. Tix: $10. Info: *celebritiesnightclub.com*.

Real-life Breakfast Club

American Teen tracks lives of five students

BRIAN TOWIE
Metro Canada

Stealing test answers, skipping class to play Briscola with the Italian kids, phoning a towing company to take a teacher's car away — Ah, those wonderful high school days.

Yep, I was one of those kids, shouted down by the teacher or finding myself in detention hall wearing my army jacket with the Sid Vicious iron on pinned to it over my Catholic school boy uniform — often for such crimes as challenging creationist theory or even driving over the school's front lawn. I got the handle of "punk-ass anarchist," my "insanity" making me too feared by the student body to be picked on or accepted by anyone but my own kind.

Perfect persona for a journalist, wouldn't you agree? The experts certainly do, weighing in on social behaviour following the release of Nanette Burnstein's American Teen, a documentary tracking the lives of five senior high school students — a jock, a princess, a heartthrob, a geek and an artsy — and their hardships, heartbreaks and decisions impacting their future.

> **"Teens absolutely carry on their behaviour into adulthood."**
> Ruth Claramunt

Authorities on the subject argue the high school years are the most formative of one's life. Who you were then greatly defines how you relate in the workplace, at home and in social settings.

"The teenage years are important for all of us," says dating and relationship coach Kateryna Spiwak of *datingessentials.com*. "We have new independence and self-determination. We meet new people and we encounter a new set of social politics. It's also the beginning of our sexual experiences. We start actively interacting."

Your role in high school can often determine who you are today. The alpha male or female of our youths typically don't change their behaviour, says Spiwak, but she notes those who were passive in their youth can change as years of experience build their confidence. "It happens a lot," she says. "The 'beta' personalities may change after much hard work and confidence building. Their work relationships, especially, become much more self-assured."

American Teen opens in Vancouver on August 8.

Nowhere is the theory of never leaving high school truer than in how we date. Ruth Claramunt, relationship consultant and dating counselor at introduction service Hearts, says adults looking for romance face the same anxieties as any teenager.

"Teens absolutely carry on their behaviour into adulthood," she said. "My clients often ask the same things teenagers might ask, even well into their 60s. Men ask, 'Should I send flowers?' while women ask, 'Should I call him back?' They're very much like teenagers in that regard. It's an insecurity issue: They're afraid to be who they really are and consequently they end up not enjoying themselves on the date."

Dark Knight's success surprises director

Christopher Nolan, director of the new Batman sequel The Dark Knight, said even he was surprised at the film's box office success which has shattered records in North American theatres.

Batman buried his rivals at the North American box office for a second weekend on Sunday, racing past $300 million US in a record 10 days, distributor Warner Bros. Pictures said.

"When you do a film of this scale, you are certainly hoping to reach a large number of people. But I think we all have been completely taken by surprise by the scale of the film's success in America particularly," Nolan said.

Nolan

"I would not be able to point to exactly what it is ... If I knew that all my films would have been successful." REUTERS

Entertainment in brief

REALITY TV Budding musical theatre actress Elicia MacKenzie is looking forward to some downtime ahead of rehearsals for the upcoming stage musical The Sound of Music in Toronto, CBC.ca reports. Vancouver-based MacKenzie, who, was named winner of CBC-TV's reality search How Do You Solve a Problem Like Maria? Monday night. Yesterday , she was still shocked at winning the lead role of Maria von Trapp. MacKenzie said yesterday she plans to "go home, and see my family and friends, and take it easy" until rehearsals begin in Toronto on Aug. 18. METRO NEWS SERVICES

Confessions for the coffee table

Madonna's manager, Guy Oseary, is coming out in October with Madonna: Confessions, a 224-page coffee-table book of photos from her 2006 world tour. The pop star co-operated on the book, handpicking the snaps and providing quotes. PAGESIX.COM

X-Files: I Want to Leave

HollywoodNorth

Andrea Woo
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The Vancouver-shot **X-Files: I Want To Believe** opened nationally last Friday to ugly reviews. "Older and sadder," wrote ew.com reviewer **Lisa Schwarzbaum**, who gave the film a C+, "Mulder and Scully are no longer sure they've got the energy to even ask if the truth is out there." Said **Scott Foundas** of LA Weekly: "Long before I Want To Believe reaches its anti-climax, you too may be having visions — of the exit sign." The film took in only about $10.2 million US over the three-day weekend, through according to **Nikki Finke** of Deadline Hollywood Daily, only cost $30 million to make. Creators **Chris Carter** and **Frank Spotnitz** attended the Vancouver premiere of the film at Scotiabank Theatre last Thursday. Stars **David Duchovny** and **Gillian Anderson** attended the Los Angeles premiere the day before.

Just in time for Pride, American transgender icon **Amanda Lepore**, dubbed by herself and many others as the world's No. 1 transvestite, will be at Celebrities Nightclub tonight. Lepore, characterized by her platinum blonde hair and giant ruby lips, is scheduled to take the stage at midnight and will perform songs such as I Know What Boys Like, Champagne and My Hair Looks Fierce. Lepore has long been a muse and model for famed photographer **David LaChapelle** and has been featured in ads for M.A.C. cosmetics and Armani.

GETTY IMAGES

Filming of **Scooby Doo Unleashed** — tentatively titled **Scooby Doo 3** or **Scooby Doo Prequel** in some reports, will begin in Vancouver on Tuesday. The telemovie prequel to the first two films, this one will tell the surely riveting tale of how Fred, Daphne, Shaggy, Velma and Scooby met up in high school. **Sarah Michelle Gellar** and **Freddie Prinze Jr.** will sit this one out, being replaced instead by **Kate Melton** (Daphne) and Toronto-born **Robbie Amell** (Fred). The flick will be directed by Brian Levant, the man behind various awesomeness such as **Jingle All The Way** and a 1987 episode of **Married With Children**.

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

Will Return

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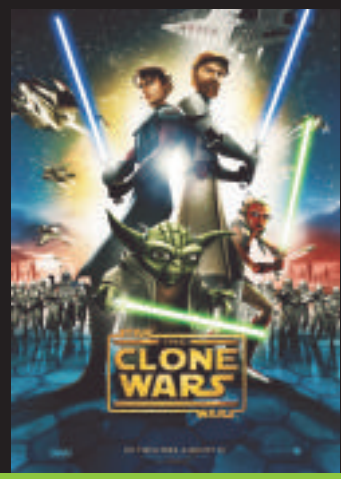

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VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 7/30/08	251	308	3 CBC	Coronation St.	22 Minutes	Little Mosque	Sophie	CBC News: the fifth estate		CBC News: The National (N)		(:05) The Hour
	255	358	6 CH	E! News	The Insider	Zoe Busiek: Wild Card		Janice Dickinson Modeling		True Hollywood Story (CC)		News (N)
	254	-	8 M	Law & Order: SVU		Mandarin News		Cantonese News (N)		Punjabi News (In Punjabi N)		The Simpsons
	250	321	9 CTV	eTalk (CC)	Hollywood	Criminal Minds "Damaged"		So You Think You Can Dance		CSI: NY (CC)		News (N)
	-	-	10 OMNI	According-Jim	George Lopez	Coach (CC)	Growing Pains	Darling Buds of May		The Daily	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	To Be Announced		NCIS "In the Dark" (CC)		Crime Stories (CC)		News (N)
	256	389	12 VI	Degrassi	Friends (CC)	Wife Swap "McGoldrick/Noel"		Supernanny "Dostal Family"		Law & Order (CC)		News (N)
	253	359	13 CITY	Wheel-Fortune	Jeopardy!	Make Me a Supermodel		Rock of Love-Bret Michaels		Entourage	Entourage	Reviews
	-	-	14 CW	'70s Show	'70s Show	America's Next Top Model		Pussycat Dolls: Girlicious		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Greatest American Dog (N)		Criminal Minds "Damaged"		CSI: NY (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	The Baby Borrowers (CC)		The Baby Borrowers (CC)		Law & Order (CC)		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Shopping	Style by Jury	Smart Cookies	Stuck	Coleen's Real Women (N)		Stuck
	288	380	21 ABC	Wheel-Fortune	Jeopardy!	Wife Swap "McGoldrick/Noel"		Supernanny "Dostal Family"		Primetime: Crime (CC)		News (N)
	-	-	23 KVOS	M*A*S*H	Scrubs (CC)	Multiplicity ★★ (1996) Michael Keaton, Andie MacDowell.				Cheers (CC)	Scrubs (CC)	Seinfeld
	291	383	27 PBS	Steves Europe	Field Guide	Click & Clack's-Wrench Turns		Nova scienceNOW (N)		Carrier "Groundhog Day"		Monk Seals
	290	382	28 FOX	Two/Half Men	Two/Half Men	So You Think You Can Dance		So You Think You Can Dance		News (N) (CC)		Family Guy
	-	364	48 PBS	Celine Dion: A New Day (CC)			Being Served	Tavis Smiley	Charlie Rose (N) (CC)		Click & Clack's-Wrench Turns	
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	Cheers (CC)	South Park	Comics Un.	Half & Half	Entertainment	The Insider	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	America's Next Top Model		Pussycat Dolls: Girlicious		KTLA Prime News (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	Sex and-City	Friends (CC)	Will & Grace	Will & Grace	My Wife-Kids
	297	652	37 WPX	CW11 News at Ten		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	Frasier (CC)	George Lopez	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		(:37) Big Love "The Baptism"		Late Late Show	
news	502	390	29 NW	The Nature of Things (CC)		CBC News: The National (N)		CBC News: The National		The Nature of Things (CC)		National
	500	500	43 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	Best Damn Sports Show		World Combat League (CC)		The Ultimate Fighter		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	SportsCentre (Live) (CC)			Off the Record	Boxing Wednesday Night Fights. (Same-day Tape) (CC)				SportsCentre
	411	457	49 OLN	Word Travels	Globe Guides	Pilot Guides "Cameroon"		Don't Forget Your Passport		Ed's Up (CC)	Angry Planet	The Rig (CC)
	410	403	54 SCR	Score Tonight	To Be Announced					Score Update		Score Update
	417	406	55 SC	Wrecked	Wrecked	Pinks	Pass Time	Am. Thunder	Am. Thunder	Pinks	Pinks Out	Wrecked
	416	409	144 GLF	Fútbol		Gol TV News		American Soccer		Paid Program	Kings Club	Gol TV News
family	552	543	25 YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach (CC)		Mystery Hnt.
	555	545	50 TEL	George	Merrie Melody	Loonatics	6teen	Total Drama	Futurama	Teenage Mutant Ninja Turtles ★★ (1990)		
	557	541	51 FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	56 TRE	Comfy Couch	Rolie Polie	Beren. Bears	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	The Bittles	Comfy Couch
cable variety	268	354	5 KNO	Meerkat	Undersea	Ancient Clues (CC)		Voyages of Discovery		For King and Country (CC)		Yo-Yo: Bach
	575	583	20 CMT	Home Imp.	Roseanne	Tara Diaries	Living, Dream	Reba (CC)	Hope & Faith	Home Imp.	Roseanne	Ed (CC)
	570	580	24 MM	America's Best Dance Crew		Born to Be	Totally Untrue	Punk'd (CC)	America's Best Dance Crew		Born to Be	Spotlight
	600	564	26 H&G	Flipping Out		Holmes	Holmes	Property Shop	City	Property	Unsellable	Flipping Out
	615	520	61 A&E	Criss Angel Mindfreak (CC)		Criss Angel	Criss Angel	Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter (CC)		Criss Angel
	628	584	62 SPKE	Ultimate Iceman: Chuck Liddell			Factory	UFC Unleashed		Ultimate Iceman: Chuck Liddell		
	521	560	64 TLC	Must Love Kids		Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Must Love Kids		Jon & Kate
	616	522	69 SHO	ReGenesis "Fishy" (CC)		Da Vinci's Inquest (CC)		Trailer Park	Rent-A-Goalie	Big Love "Eviction" (CC)		House (CC)
	620	523	70 BVO	Entourage	Bravonews	Law & Order (CC)		Without a Trace (CC)		Entourage	(:45) Vendetta ★★ (1999)	
	601	562	71 SLC	Inside Hollywood		X-Weighted (CC)		Work Out		Inside Hollywood		Trading Sp
	520	505	72 DIS	Mayday "Gimli Glider" (CC)		Daily Planet (CC)		Dirty Jobs		Dirty Jobs		Mayday (CC)
	522	506	74 HIS	NCIS "Honor Code" (CC)		Exploring Hitler's Munich		Exploring Hitler's Berlin (CC)		NCIS "Honor Code" (CC)		Crime Stories
	627	528	75 SPC	Supernatural (CC)		Stargate SG-1 "Fallout" (CC)		Star Trek: Voyager (CC)		Star Trek: Enterprise (CC)		Star Trek Gen.
	294	650	77 TBS	House-Payne	House-Payne	Friends (CC)	Friends (CC)	Sex and-City	Sex and-City	Eight Legged Freaks ★★ (2002) (PA) (CC)		
	619	525	78 TROP	TV Made	TV Made	ET Canada	What	Family Guy	Seinfeld	Seinfeld	Frasier (CC)	Family Guy
	603	561	82 FN	The Next Food Network Star		Challenge "Villain Cakes"		Iron Chef America (CC)		The Next Food Network Star		Challenge
	626	547	57 COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	Lewis Black	Tom Green	Daily Show
	320	621	60 CEN	(6:25) Steel Toes (2006) (CC)		Feel the Noise ★★ (2007, Drama) Premiere.		Rush Hour 3 ★ (2007, Action) Jackie Chan.				The Hitcher
	581	566	101 MTV	Buzzin (CC)	Run's House	MTV Live (CC)		From G's to Gents (CC)		Buzzin (CC)	Run's House	MTV Live
	261	394	102 V	Nettie Wiebe: Voice		Side Effects "Feet of Clay"		Jeeves and Wooster (CC)		Chambers	No Place Like	Paid Program
	-	-	105 MUL	The Land	Daughters	Van. Nights	Iranian Pop	Sabor Latino		Hola Que Tal		Patrol World

critics'corner

Criminal Minds

Rossi won't be coming to work today; he's sick with a cold case. In this episode, Hotchner (Thomas Gibson) and company join Rossi (Joe Mantegna) in revisiting a 20-year-old double murder. The victims were young parents, and their killer was never found. Nicholle Tom and her twin brother, David, guest star in "Damaged." 8 PM on CTV

Wife Swap

Watch your back, Cat; do you know what these people do for a living? In this episode, Cat Noel, a radio shock jock, swaps homes with Sue Ann McGoldrick, whose family owns a pet crematorium. She tries to get her new "husband," Tom, to inject some levity into the business — really! — and spend more time with his teenage daughter. Meanwhile, Sue Ann thinks Cat's stay-at-home hubby needs to stand up for himself and get a real job. 8 PM on VI

No condoms for Miley

LifeStyles Condoms has reportedly offered 15-year-old Hannah Montana star Miley Cyrus $1 million US to become the company's spokesperson. Her rep, however, says, "We never received an offer, nor would she consider the offer." **E! NEWS ONLINE**

Celebrity Buzz

Winehouse discharged from hospital

HEALTH Amy Winehouse has been discharged from the hospital 12 hours after she was rushed to an emergency room, People.com reports.

"Amy is fine and she is on her way home," says her U.K. rep, Chris Goodman.

Winehouse, 24, was taken by ambulance from her home in north London to the University College Hospital on Monday night after suffering what was believed to be a seizure. Wrapped in a red blanket, she was taken to the vehicle in a wheelchair while her dad Mitch looked on.

The setback was part of her struggle to get clean, the rep insists. (Both the singer and her incarcerated husband Blake Fielder-Civil, 26, have a history of drug problems.)

"She was taking a new (medication) as part of her anti-drug treatment program," says Goodman. "And it was an adverse reaction to that new drug. You have to try different things but unfortunately this was not the right one."

Last month, the Grammy winner was admitted to a London clinic after fainting at home. Almost exactly a year ago, Winehouse was treated at the University College Hospital for "exhaustion." Her father later revealed she had overdosed and need her stomach pumped.

She also spent a brief stint in rehab this year.

Winehouse's rep claims the troubled singer plans to take it easy in the coming months.

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Nope, Bello engaged to writer

RELATIONSHIPS So much for reports Maria Bello recently hit on a waiter — she's engaged to boyfriend Bryn Mooser, her rep confirmed to People.

The actress, 41, and Mooser, 28, a writer, announced their engagement in Bello's hometown newspaper, The Norristown Times Herald, in Norristown, Pa., which said the couple "fell in love over a sheer passion of politics, Africa and cryptozoology."

Bello told the New York Post's Page Six Magazine she "was always anti-marriage. I didn't understand monogamy. I couldn't figure out how that could last. And then I met Bryn and I started to understand ... having a partner in life."

Bello and Mooser have not set a date yet.

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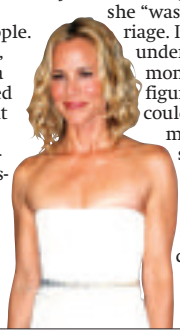


Cowell splits from girlfriend of 6 years

BREAKUP Simon Cowell has reportedly split from Terri Seymour, femalefirst.co.uk reports. The 48-year-old music mogul is believed to have walked out on Seymour, 34, following an argument over her insecurities, and he has now ended their six-year relationship.

METRO NEWS SERVICES

"This makes no sense at all..."

by Joe O'Neill

The condom company is looking to secure Miley Cyrus because one in four teenage girls is infected with an STD. Somewhere, John Mayer is saying, "You're welcome."

What they're not telling you about Amy Winehouse's latest trip to the ER is that she is the first human victim of 'Colony Collapse Disorder'. The mysterious phenomenon has only affected Western honey bees until now, but this is the first case of it actually striking a beehive hairdo. The entire female cast of Mad Men has been put on high alert.

I hope that Maria Bello is careful, because so often the things that first attract us to the people we fall in love with are the very things that end up repelling us about them. Especially when one of those things is "cryptozoology." If you ask me, making crossword puzzles out of animal parts is just sick.

Hard to believe that a relationship involving Simon Cowell has hit the skids. "Sweetheart, were I interested in the kind of sex we had last night, I'd go ahead and become a full-fledged necrophiliac. And I don't care if Randy and Paula liked it, because I didn't."

You want to know the real reason why Naomi Watts is in no hurry to tie the knot with Liev Schreiber? It's because she found the 2004 remake of The Manchurian Candidate just a little too believable.

I know where Britney's coming from. I hate it when my abdomen sparks pregnancy rumours. It calls up people on the phone. It goes shopping at maternity stores. It gorges on pimento loaf. I don't spend $22,000 a month getting rid of it, though. I just tell people it's gas. Then I prove it.

NEWSDESK@METRONEWS.CA

celebrity briefs

Watts not rushing to the altar

MARRIAGE Naomi Watts fesses up that she's not in any rush to become Mrs. Liev Schreiber, MSN Entertainment reports. "Maybe, I don't know," she told the London Sunday Times. "I never say never, but I'm not desperate to get married."

METRO NEWS SERVICES

Spears on costly exercise regime

HEALTH Pop star Britney Spears has lost weight over recent months, but it hasn't come cheap, the Daily Mail reports. The star signed up to a $22,000 US-a-month diet and exercise regime.

METRO NEWS SERVICES

Sparks vows virginity

MARRIAGE Jordin Sparks has vowed to remain a virgin until her wedding night, femalefirst.co.uk reports.

The American Idol winner, 18, even wears a purity ring to show her dedication to her beliefs.

"I don't want to give away bits of my soul to lots of different guys — I want to give all of myself to the right man on the right night, and the right night is my wedding," she said. "You can't say for sure what's going to happen in the next five years, but I really can't see myself breaking my vow. My family would never let me get out of line and run wild."

Sparks is the latest young star to promise her virginity to the person she weds. The Jonas Brothers and Miley Cyrus have also reportedly promised to do the same.

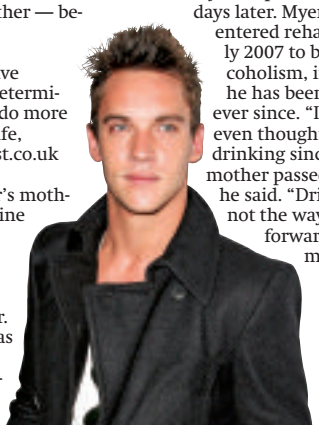
METRO NEWS SERVICES

Meyers quit alcohol for mother

HABIT Actor Jonathan Rhys Meyers kicked his alcohol addiction after the death of his mother — because her untimely demise gave him the determination to do more with his life, femalefirst.co.uk reports.

The star's mother, Geraldine Meyers-O'Keeffe, suffered a stroke in November. Meyers was arrested for drunken behaviour at a Dublin, Ireland, airport hours later. She passed away unexpectedly two days later. Myers, who entered rehab in early 2007 to battle alcoholism, insists he has been sober ever since. "I haven't even thought about drinking since my mother passed away," he said. "Drinking is not the way forward for me at all."

METRO NEWS SERVICES



LaBeouf talks of drinking

HEALTH Before his weekend DUI arrest, Shia LaBeouf opened up about his struggles with alcohol in Details' September issue (out Aug. 12), usmagazine.com reports.

LaBeouf, 22, and his father, a former heroin addict, "would drink together and smoke together," the actor told the magazine, "and it's just a bad deal.

"It's not something that is conducive to being a role model — no iconic actors that I know of have problems like that," LaBeouf added. "And I don't know how to do it like a gentleman. I don't know how to have one drink."

The Details interview surfaces days after the actor's DUI arrest early Sunday morning following a night out at West Hollywood's Troubadour club.

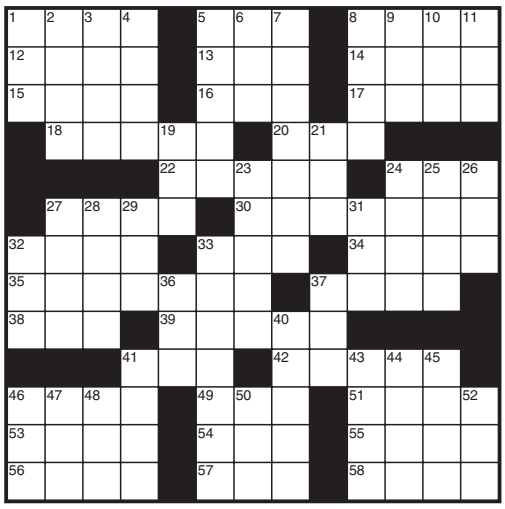
LaBeouf's 23-year-old Transformers co-star Isabel Lucas was a passenger in his truck when the accident occurred, sources told usmagazine.com. She was not seriously injured.

Meanwhile, authorities have determined that Shia LaBeouf was not at fault for the accident: Sheriff's spokesman Steve Whitmore says detectives have determined that the other driver apparently ran a red light, and will be also be cited.

METRO NEWS SERVICES

Three's a charm
Ugly Betty actor Christopher Gorham and his wife Anel are expecting their third child, a girl, in January. Their two boys are Lucas, 7, and Ethan, 4. **PEOPLE.COM**

Take Five



Crossword down

1 Cry of disgust
2 Burger side
3 Pilot's test
4 Make known
5 Bolt of lightning
6 Trireme mover
7 Cry out
8 Canasta play
9 Back when
10 Hold up
11 Slalom run
19 Ceiling fixture
21 Woodworking tool
23 Deep black
24 Pennsylvania port
25 Multiplied
26 Stiller or Affleck
27 Touchdown
28 Diner freebie
29 State further
31 Golfer — Alcott
32 Sprint rival
33 Cheering section
36 Road map info
37 Mag execs
40 Fired up
41 Throw snowballs
43 Restaurant
44 Gumbo ingredient
45 Standoffs
46 Carrey or Henson
47 Keats opus
48 RV haven
50 Moo goo — pan
52 Fish catcher

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Crossword across

1 Furtive sound
5 Rival
8 Zebra female
12 — vera
13 Careless
14 They often clash
15 Campus building
16 Rainbow
17 Underhand throws
18 Eats fast
20 Aberdeen kid
22 Down the road
24 Become less intense
27 Part of G.T.O.
30 Strange
32 Kind of music
33 Computer term
34 Demeanor
35 Witch's vessel
37 Looked at
38 Feverish
39 Played with idly
41 Four-footed pal
42 Cravat cousin
46 Funny story
49 Breakfast item
51 Quite similar
53 Goddess's statue
54 "Norma —"
55 At large
56 Grocery buy
57 Knight's address
58 Manhattan river

previous day's answer

Z	O	O	■	P	E	A	R	L
A	U	F	■	I	S	S	U	E
G	I	F	T	S	■	P	E	N
■	■	E	A	T	S	■	S	A
C	O	R	D	I	A	L	■	■
H	A	■	S	L	U	E	D	■
O	K	S	■	S	N	A	I	L
C	E	E	S	■	A	N	N	I
K	N	E	E	■	■	■	S	E
■	■	■	R	A	M	■	S	H
E	A	R	F	L	A	P	■	T
I	C	Y	■	P	L	A	T	E
N	E	E	■	O	L	D	E	N

I	T	A	■	■	■	■	■	■
R	I	P	■	■	■	■	■	■
A	N	T	■	■	■	■	■	■
■	■	■	■	■	■	■	■	■
T	Y	P	E	■	■	■	■	■
S	A	R	I	■	■	■	■	■
K	E	G	■	■	■	■	■	■
E	H	■	■	■	■	■	■	■
N	T	■	■	■	■	■	■	■
■	■	■	■	■	■	■	■	■
T	R	A	C	E	■	■	■	■
I	O	N	■	■	■	■	■	■
L	O	S	■	■	■	■	■	■

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
A furtive tyrant asks for help. Your behaviour causes you to be feared. Actions will cast doubt on a courageous friend.

TAURUS ♉
APRIL 21-MAY 21
A colleague is breaking the rules. A weakling makes an embarrassing confession. A relative knows that you're concerned.

GEMINI ♊
MAY 22-JUNE 21
Pay attention and ask questions of a prophet of doom. A woman shows the way to a beloved's heart. Refuse to overuse clichés.

CANCER ♋
JUNE 22-JULY 22
Take responsibility for your principles. A rebel will have an eye-opening story. A secret creates a high level of frustration.

LEO ♌
JULY 23-AUG 23
A different way to make money will present itself. A field of dreams is waiting to be built. A pushy guy rants about injustice.

VIRGO ♍
AUG 24-SEPT 22
Unclear motives make a request burdensome. A distraction makes you consider your options. A friend is bustling with brainy talk.

LIBRA ♎
SEPT 23-OCT 23
Get ready for a wild request. An admirer brings out the best in you. An insecure woman will introduce you to someone.

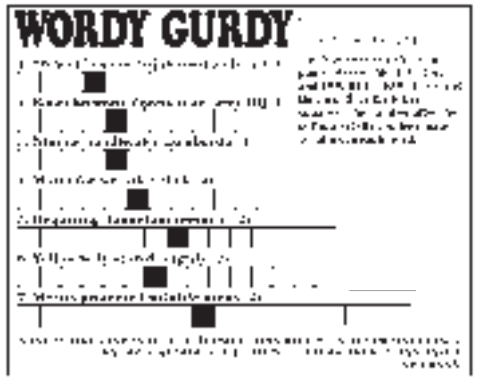
SCORPIO ♏
OCT 24- NOV 22
Take note when magic words are spoken. Take pains to avoid romantic activities. Write down instructions and assess your options.

SAGITTARIUS ♐
NOV 23- DEC 21
Be calm with someone who attracts your attention. Your prospects are better after a meeting. Explain a career goal to everyone.

CAPRICORN ♑
DEC 22-JAN 20
Don't believe everything that is said. An unusual remark won't provide reassurance. A dream leads to the fulfillment of your needs.

AQUARIUS ♒
JAN 21-FEB 18
A crucial gathering will please a generous partner. Spend time philosophizing with someone at home. A vehicle causes problems.

PISCES ♓
FEB 19-MAR 20
A male will expose the weakness in a plan. A scary dream will cause you to make plans. A relative is waiting for the door to be opened.



INSTRUCTIONS:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

8	2	6	3	9	4	7	5	1
4	3	5	1	7	8	9	6	2
7	9	1	5	6	2	8	3	4
5	8	9	6	2	3	4	1	7
2	6	3	4	1	7	5	9	8
1	7	4	9	8	5	6	2	3
9	4	8	2	5	1	3	7	6
3	5	2	7	4	6	1	8	9
6	1	7	8	3	9	2	4	5

SOLVE TIME IN MINUTES:
Under 13 . . . . . Genius
13-17 . . . . . Scholar
17-21 . . . . . Smart
21-25 . . . . . Not bad
25+ . . . . . Keep practising

			5			2		
5		9		4			8	
3			6			1		
		6		5	2			1
	8						9	
9			4	8		3		
		1			5			4
	5			6		9		2
		7			1			

Vancouver weather

The Weather Network theweathernetwork.com

Afternoon	Tonight	Thursday	Friday	Saturday
Sunny. 19°	Partly cloudy. Low 12°	Cloudy. 17°/ 13°	Showers. 70% 16°/ 13°	Variable. 19°/ 13°

Temperature
Normals
High: 22.7°
Low: 13.1°

Records
High: 29.4°/1965
Low: 9.4°/1938

Sunrise: 5:42 a.m.
Sunset: 8:54 p.m.
Moonrise: 3:06 a.m.
Moonset: 8:12 p.m.

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